

Lavrak SISTERS

By: Jenna Curtis

If you've attended a WWA Amateur contest recently, chances are you've run into the Lavrack sisters. Madison (12) and Allison (11) have taken the Girls division by storm, as young, progressive riders and huge fans of the sport. Wake Forest, North Carolina natives, the girls spend many hours on Falls Lake and Lake Gaston behind the family's Malibu Wakesetter LSV. We sat down with the sisters to see what it's like to compete against each other, and how they push each other to grow in the sport.

Let's start from the top. How did you get started in wakeboarding?

Madison: We've been around a lake for as long as I can remember... so while out on the boat I saw many others wakeboarding. My friend had a board. I rode it a couple times and soon fell in love with wakeboarding!

Is there competition between the two of you? How do you push each other to improve?

Madison: There is definitely competition between me and my sister. We always try

to beat each other in almost everything, lol. This has taught me that there will always be someone better than you and you have to accept that. Many of the tricks I've learned are because of her teaching me to do my best.

Allison: We push each other to improve because when one of us learns a new trick, the other wants to know how to do it too.

What is one trick you can do but your sister can't? Does that make it your favorite trick?

Madison: I can do a wake to wake back roll.

Definitely my hardest and favorite trick.

Allison: I've got my switch backside 180!

That was the hardest to learn, but my favorite is the Fashion Air. We actually both love Fashion Airs and we started a clothing company surrounding that trick! You can visit our store at FashionAirClothing.com.

Ok, so both of you shred. What pushed you to try new tricks?

Madison: Seeing the pros on the water going higher than the boat and spinning and flipping amazes me. That is exactly what I want to do someday, and



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progressing is the key.

Allison: Watching the pros who can do so many amazing tricks makes me want to be just like them.

Which riders do you look up to most?

Madison: I look up to Meagan Ethell and Kara Austin, mostly because of their enthusiasm and how much they love the sport.

Allison: I look up to all the pro riders. I love how they have worked so hard and can do so many things and I want to be just like them.

Who are your favorite people to ride with?

Madison: My friends, obviously, because it's awesome to spend the day out on the water and just have fun.

Allison: I like to ride with my coach, Kara Austin, and my friends and family because they always make it so much fun and teach me so much.

How do you overcome any fears on the water?

Madison: There have been many times where I was terrified to do something. But I kept trying and I knew that once I "broke the ice," as we like to say, I would have little fear and felt confident in myself.

Allison: My family, friends, and coach encourage me that I can do it.

You both have had an awesome year! What are your goals for the 2019 season?

Madison: I want to always keep trying and always have a great attitude no matter what goes on, on and off the water.

Allison: I want to be able to learn an invert!

Any advice for other girls who want to

start riding but aren't sure where to start?

Madison: Honestly, I would just start with having fun and doing whatever you want! Just play around and be yourself. You will get the hang of it and the more that you learn, the more fun it will get.

Allison: It's hard at first, but when you learn how to ride it is so much fun. It's so fun to wakeboard with your friends and family and I love to progress with the help of so many people. 🌊

